

Doing Up Buttons

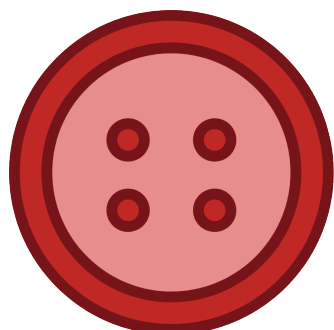


The Aussie Hands
Foundation Inc.

Doing up buttons is a big milestone for children. It might be tricky at first, but here are some tips to get started.

1

Get your child to practice doing up buttons on their shorts, jeans or a coat while the clothing is on the bed or a couch.



2

Use larger buttons to help your child get practice before moving on to smaller buttons.

3

Ask your child to start with the buttons at the bottom of their clothing. Then work their way up from bottom to top. That way they match the buttons more easily. Standing in front of the mirror also helps to see the buttons at the top.

